



## Social Media

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Coaches,

We are looking forward to your team's participation in the Set the Pace Showcase to be held on Sunday, May 19, 2024, we're excited to be hosting this event! I've tried to include some helpful information below to answer any question I anticipate coming up. Included in this correspondence is information on ticket sales, team camps, waiver procedures, Coaches list, and meet adjustments that must be implemented this year.

All Entries are to be done on-line at [www.athletic.net](http://www.athletic.net) or [Coacho.com](http://Coacho.com), Please follow their instructions for entering your team. \$20 per athlete, \$25 per relay.

All meet entries are due by 11:59 PM on Wednesday May 15<sup>th</sup>. Late entries may be considered by May 16<sup>th</sup>, by 5:00 pm. The fees for late entry (\$25 entry per event and \$30 relay entry).

As usual, please encourage your athletes to do all warm-ups on the 6-lane auxiliary track. The shot, disk, and long jump will be set up in flights with 4 jumps and no finals. This is an adjustment to years past.

Please pick up your coach's packet at the packet pick-up table next to Concessions when you arrive. Make sure you have completed the waivers for all athletes. This will be turned in before Coach packets are handed out. Officials, please stop by the entry table to sign your waivers as well. If you have any questions, please email me at [info@pacesetterstrackclub.com](mailto:info@pacesetterstrackclub.com) or text at 317- 714-0251.

Jamie Hence  
Club President & Coach, Pacesetters Track Club  
Meet Director



Hosted by Pacesetters Track Club



SANCTIONED EVENT

Sanctioned by USA Track & Field

Pickerington High School North

Sunday May 19, 2024, Field Events start: 9:00 am Running Events start: 10:00 am

You are cordially invited to the 4th Annual **Set The Pace SHOWCASE**, summer track and field meet for Youth, Open & Masters athletes.

**Fully Automated Timing:** provided by **Finish Timing**. Results at [finishtiming.com](http://finishtiming.com)

**Eligibility:** All male & female, Youth, Open & Masters athletes. (USATF and AAU cards not required).

**Age Divisions:** 5-6 Born 2019-2018; 7-8 Born 2016-2017; 9-10: Born 2014-2015; 11-12: Born 2012-2013; 13-14: Born 2010-2011; 15-18: 2009-2006, Open: 2005-1995 and Masters: Ages 30 and over on meet day (in five-year age groups, e.g., 30-34, 35-39).

**On-Line Entries:** Register through Athletic.net. **On-Line Entry Fees: \$20 per athlete, \$25 per relay - ON-LINE ENTRIES MUST BE COMPLETED BY 11:59 P.M. May 15.** Late entry fee after May 15, \$25 per athlete, \$30.00 per relay. No entries after May 16, 5 pm. NO MAIL, HAND-DELIVERED, E-MAIL, FAX, or DAY OF MEET ENTRIES – **ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.**

**Questions:** [info@pacesetterstrackclub.com](mailto:info@pacesetterstrackclub.com) or (317)714-0251, Coach Jamie Hence, Meet Director

**Spectator Ticket Purchase:** Please let your parents know tickets can be purchased at the door, credit card or cash for \$8. 6 under are free.

**Events:** listed below. Athletes will compete in their correct age groups. Three-event limit for ages 8 & under, 9-10 and 11-12 (Relay leg will not count as a 4th event). Four-event limit for all others. Warm will be on the 6-lane auxiliary track. The long jump will be set up in flights with 4 jumps and no finals.

**Competition Schedule:** Track events will be contested by age group, beginning with youngest to oldest youth divisions with girls/women competing first in each age group. Open/Masters will compete with 15-18 division. Ages may be combined for field events, walks and events over 400 meters. Rolling schedule after first race.

### Order of Events

Track Events - Beginning at 10:00 am		Field Events – Beginning at 9:00 am	
1. <b>4x800 Relay</b> , All Divisions Finals	11. <b>4x100 Relay</b> - All Divisions Finals	<b>Long Jump 9:00 am</b>	<b>High Jump 9:00 am</b>
2. <b>110 Hurdles</b> , Open & 15-18 Boys Timed Finals	12. <b>1500 Run</b> - All Divisions Timed Finals	13-14 Boys-Main Pit /Girls Aux. Track Pit	Girls then Boys 11-12 /9-10/ 15-18 / 13-14
3. <b>100 Hurdles</b> , 15-18, Girls Timed Finals	13. <b>400 Dash</b> - All Divisions. Timed Finals	15-18 Boys-Main Pit /Girls Aux. Track Pit	
4. <b>100 Hurdles</b> , 13-14 Boys Timed Finals	14. <b>800 Run</b> - Youth Div. Timed Finals	11-12 Boys-Main Pit /Girls Aux. Track Pit	<b>Shot Put 9:00 am</b>
5. <b>100 Hurdles</b> , 13-14 Girls Timed Finals	15. <b>200 Hurdles</b> – 13-14 Boys, Girls	9-10 Boys-Main Pit /Girls Aux. Track Pit	All Girls & Women – Oldest to Youngest
6. <b>80 Hurdles</b> , 11-12 Boys Timed Finals	16. <b>200 Dash</b> - Youth Div. Timed Finals	8 & U Boys-Main Pit /Girls Aux. Track Pit	All Boys & Men – Oldest to Youngest
7. <b>80 Hurdles</b> , 11-12 Girls Timed Finals	17. <b>4x400 Relay</b> - All Divisions Finals	<b>Triple Jump</b> will follow LJ- Main Track All	<b>DISCUS 9:00 am</b>
8. <b>100 Dash</b> - All Divisions Semi-Finals		<b>Javelin (after Shot/Discus)</b>	All Boys & Men – Oldest to Youngest
9. <b>1500 Walk</b> – Final (if no walkers 10-15 min break)		All Girls & Women – Oldest to Youngest	All Girls & Women – Oldest to Youngest
10. <b>100 Dash</b> - All Divisions Finals (10-15 min break)	<b>Masters &amp; Open will run with the 15-18 Div.</b>	All Boys & Men – Oldest to Youngest	



# Pickerington North Athletic Department

Colin Beemiller, Athletic  
Director

Jackie Earhart, Administrative Asst  
Twitter:@PNAthletics

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## **Track and Field Protocols for Pickerington High School North in 2023**

We welcome you to Pickerington North for the start of the 2024 Track and Field Season! Please review this information along with other attachments.

### **General Information:**

- Each school is responsible on competition days to:
  - Monitor the health of each athlete, coach, and all team personnel
  
- Please arrive no earlier than 1 hour prior to the event start. Our gates will not be open prior to that time!

### **Information for Officials:**

- Thank you for your service to our student-athletes and coaches!
- Please arrive no more than 1 hour prior to the start of the meet
- Please arrive dressed for the contest.
- By working this event, you agree to:
  1. You are symptom free and have checked your temperature on the day of the event (our athletic trainers the ability to take your temperature with a no touch device, please see one of them if necessary)

### **Team Information**

- Teams may not arrive more than 1 hour prior to contest (same for officials)
- Team drop off is at the main gate for our stadium and then bus parking is either at Lakeview Junior High or the front of the building near the 'Athletic Entrance'
- Teams will have a designated area in the VISITING bleachers to sit when not warming up/competing. Athletes may NOT roam around the facility when not competing or warming up
- Teams are responsible for trash and cleanup of their area throughout the day and end of the event

### **Spectators**

- Spectators admitted no earlier than 1 hour prior to contest (no re-entry without stamp)
- Spectators will be seated on the HOME side of the bleachers
- We ask that following the conclusion of the meet, parents leave the venue. No congregating in the stadium, parking lots, etc. If they are transporting their child following the meet, they should wait for their child in their vehicle

## Set The Pace Showcase Meet Information (specific for May 19<sup>th</sup> Meet at PN)

- All of the previously listed protocols will be in place
- Home bleachers will be for spectators only.
- Visitor bleachers will be used for athletes and coaches only.
- The smaller bleachers near the throws and jumps area will be for spectators only. Please keep your athletes out of those bleachers.
- **Team Camps:** We're asking for as many team camps as possible to be set up outside the North end of the stadium on the hillside overlooking the track. There will be a manned gate on that end to allow athletes and coaches in and out of the track. Team camps can also be setup around the edge of the auxiliary track and under the Visitor bleachers. Please do not setup team camps beneath the home bleachers.
- Check-in for all races will be near the start of the 100 – at the North end of the track. This will be done to help alleviate traffic near the finish line.
- Concessions will be open.
- General Admission  
All ticket sales will be at the door. Cash or credit. Free admission for spectators 6 & under.
- **Athlete/Coach 'tickets' and waiver:** With your entries due by May 19th, we will generate a number of participants and add coaches to this for wristbands. A wristband will grant admittance for athletes and coaches and must be WORN by the athlete or coach. There will be a packet to be picked up by each team the morning of the meet to distribute wristbands. Waivers will be signed electronically.

# PICKERINGTON HIGH SCHOOL NORTH FACILITY MAP

